

DEPARTMENT OF DISABILITIES, AGING AND INDEPENDENT LIVING

Division of Licensing and Protection 103 South Main Street, Ladd Hall Waterbury, VT 05671-2306 http://www.dail.vermont.gov Voice/TTY (802) 871-3317 To Report Adult Abuse: (800) 564-1612 Fax (802) 871-3318

October 3, 2014

Mr. Eric Fritz, Administrator Woodstock Terrace 456 Woodstock Road Woodstock, VT 05091-9759

Dear Mr. Fritz:

Enclosed is a copy of your acceptable plans of correction for the survey conducted on **August 20, 2014**. Please post this document in a prominent place in your facility.

We may follow-up to verify that substantial compliance has been achieved and maintained. If we find that your facility has failed to achieve or maintain substantial compliance, remedies may be imposed.

Sincerely,

Pamela M. Cota, RN Licensing Chief

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A, BUILDING: B. WING 1005 08/20/2014 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 456 WOODSTOCK ROAD WOODSTOCK TERRACE WOODSTOCK, VT 05091 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (X4) ID (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE REGULATORY DR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) R100 R100 Initial Comments: An unannounced onsite re-licensing survey and complaint investigation of two self-reports was conducted by the Division of Licensing and R146 Protection from 08/18/14 through 08/20/14. The A monitoring device was placed findings are as follows: in resident # 5's unit on August 18, 2014 and is still in place. V. RESIDENT CARE AND HOME SERVICES R146 SS≍E Residents on the memory impaired area have been assessed 5,9,c (3) for the ability to communicate their need for assistance. Any Provide instruction and supervision to all direct resident assessed unable to care personnel regarding each resident's health communicate the need for care needs and nutritional needs and delegate assistance will have a monitoring nursing tasks as appropriate; device placed in their unit and/or This REQUIREMENT is not met as evidenced have a care plan for regular safety bγ: checks by the resident assistant Based on observation, staff interview and medical when in their unit and their record review the nurse failed to provide service plans have been updated. instruction and supervision to all direct care personnel regarding each resident's health care The Health Services Director will needs to delegate nursing tasks as appropriate regarding resident safety and a resident's current assess any new resident moving onto the memory impaired area treatment regimen. The findings include the for ability to communicate the following: need for assistance and create an 1. Per medical record review, Resident #5 appropriate plan of care to meet admitted on 4/6/11 with diagnoses to include their needs and screen existing Alzhelmer's Disease, Coronary Artery Disease, residents on an ongoing basis for Glaucoma and Behavioral Symptoms of severe a decline in their ability to distress. Per observation during a facility tour on communicate the need for 8/18/14 at 10:21 AM, the resident is observed to assistance and update the care be in bed with bilateral 1/2 side rails in the up plan accordingly. position, lying on an alternating pressure mattress and has a protective mat on the right side of her bed on the floor to prevent injury in case of a fall. Resident assessment and service plan dated 8/1/14 signed by the Registered Nurse (RN),

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION DENTIFICATION NUMBER: COMPLETED A, BUILDING: C B WING 1005 08/20/2014 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 456 WOODSTOCK ROAD WOODSTOCK TERRACE WOODSTOCK, VT 05081 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (XS) COMPLETE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL. (EACH CORRECTIVE ACTION SHOULD BE PRÉFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCEO TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) R146 R146 | Continued From page 1 The Health Services Director identifies that resident requires total care by staff. will report to the Quality Is transferred by two (2) persons physically Assurance Committee on a assisted, is totally dependent on staff for all meals quarterly basis to the status and nourishments, is unable to control bowel and of any residents unable to bladder requiring staff assistance for toileting/incontinent care, is receiving Hospice communicate their need for Care and Resident #5 requires behavior assistance. monitoring/management. Resident service plan identifies that Resident #5 has difficulty speaking and staff is to assist with communication due to overall decline and end of life. Per observation during tour at 10:21 AM. Resident #5 Is unable to ambulate independently to call light (pull-cord), located in the bathroom, in the apartment off the bedroom. When the Resident #5's service plan Concierge (who was conducting the tour) was and the RA care plan have asked, how does the resident notify staff if s/he been updated and now needs assistance? The response was that s/he match. The Health Services has a monitor for sound in the room. The monitor Director or his designee has could not be located and after inquiring, reviewed all other service confirmation was made at approximately 10:30 plans and RA care plans to AM, by the Health Director, that a monitoring unit assure that both plans match. was on order and that the resident is unable to utilize the pull-cord to alert staff if s/he is in need. The Health Services Director Health Director also confirms that the Service or his designee will conduct Plan for Resident Attendants (RA) does not identify a monitor for sound to be kept in the random audits of the service resident's room to identify if resident is in distress plans and RA care plans to or in need of assistance. assure that they match and report the findings of those audits to the QA committee 2. Per medical record review on 8/20/14 at 11 on a quarterly basis. AM, the Service Plan for Resident #5 dated at the time of an update 8/2/14, identifies in hand writing. Desitin cream applied to buttocks and coccyx area for protection from wetness/incontinence to promote comfort and healing of coccyx area. Resident Care

Attendants (RA's) are the designated staff to

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: ____ С 1005 08/20/2014 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 456 WOODSTOCK ROAD WOODSTOCK TERRACE WOODSTOCK, VT 05091 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) DATE TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) R146 Continued From page 2 R146 apply the Desitin Cream during incontinent care. The service care plan is stored in the medical record in the main Nurses station located on the 2nd floor. RA service plan is stored on the 1st floor (Memory Care Unit), where the resident resides. The RA service plan does not contain the treatment necessary to prevent skin breakdown and comfort. The two (2) service nlans do not match the necessary care for Resident #5's current status. Per interview on 8/20/14 at 11:26 AM confirmation is made by the Health Director that the two service plans do not match. V. RESIDENT CARE AND HOME SERVICES R172 R172 R172 SS=B All medications currently being administered are labeled with 5.10 Medication Management compliant expiration dates. 5.10.h All medicines and chemicals used in the home must be labeled in accordance with All medications entering the facility currently accepted professional standards of will be checked for expiration dates. practice. Medication shall be used only for the Any medication without an resident identified on the pharmacy label. expiration date will be rejected. This REQUIREMENT is not met as evidenced The Health Services Director will by: conduct random audits to assure Based on observation and interview, the facility compliance and correct any nonfailed to ensure that prescription and over the counter medications are properly labeled as compliance. The results of these required by facility policy. The findings include audits will be reported to the Quality the following: Assurance committee on a quarterly basis. 1. Per observation on 8/18/14 at 11:47 AM, of the Medication Cart in the Assisted Living Residence, for Resident #7, a prescription of Simethecone 80 milligram (mg.) tablets was

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noted with no expiration date on the prescription

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING: R WING 1005 08/20/2014 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 456 WOODSTOCK ROAD WOODSTOCK TERRACE WOODSTOCK, VT 05091 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETE (X4) ID (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PRÉFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) R176 R176 Continued From page 4 R176 R176 V. RESIDENT CARE AND HOME SERVICES R176 SS≃D Resident # 3's medication was properly disposed of on August. 5.10 Medication Management 18, 2014 and has been replaced with a medication with a valid 5,10.h (4) expiration date. Medications left after the death or discharge of a resident, or outdated medications, shall be Nursing staff will check promptly disposed of in accordance with the expiration dates whenever home's policy and applicable standards of administering a medication for a practice. clearly marked expiration date. Expired medication will not be This REQUIREMENT is not met as evidenced administered and will be properly bv: disposed of according to facility Based on observation and staff interview, the facility failed to ensure that outdated medications policy. are promptly disposed of in accordance with the home's policy and applicable standards of The Health Services Director or practice. For 1 of 6 sampled residents, the designee will conduct random following outdated medications were located in audits of medications on a regular the locked medication cart in the Assisted Living basis to assure compliance and Residence. The findings include the following: report the results of these audits to the Quality Assurance Per observation on 8/18/14 at 12:38 PM, for resident #3, Morphine Sulfate liquid Committee on a quarterly basis. 20 milligrams/milliliter, has an expiration date of 8/13 on the bottle. Lot #2592028. Resident #3 has received three doses of pain medication from this bottle of Morphine. Confirmation was made on 8/18/14 at 12:53 PM, by both the Licensed Practical Nurse and the Health Director. R179 V. RESIDENT CARE AND HOME SERVICES R179 SS=A 5.11 Staff Services 5.11.b The home must ensure that staff

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Registered Nurse Vice President of Resident

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background of a felony. The background request

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evidence of a photograph or information

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hitting another resident who was on the ground in

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proceeded to slap

Resident #10 on the upper arm.

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from six (6) incidents of mental, verbal and/or

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED		
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tif pa Paa	through 11/14/13 (fa #5, #9, #10 and an urange findings include the findings notes documentation with Resident altercation with Resident altercation with Resident floor in the room. Statche victim was and the the progress notes the unclear if Resident #6 floor to fall or not. c) 6/14/13-Resident #6 floor to fall or not. c) 6/14/13-Resident #6 and slapped Resident #10 and hit the Resident #10 on the up for the floor to fall or not have the heliway wall. Staff Resident #4 to he hallway wall. Staff Resident #6 attacked to hold the finding the first tempted to hit and put for interview with the Figure 12:30 PM, confirmation bove incidents occurred.	een the dates of 3/11/13 illed to protect Residents #4, inknown resident). The following: eview on 8/20/14 at on, for Resident #6, nursing ment the following: #6 was involved in ent #5. #6 was found in her/his esident who was on the iff are unable to recall who ere is no documentation in at identify the victim. It is caused the resident on the iff onted to have increased at the dining room table #9 across the face. itting at the table at lunch, taking her/his medications, esident Attendant (RA) then opper arm. s progress notes, ces that Resident #6 oy pushing her/him against intervened and then he RA. Resident #6 then wrist of Resident #4 and inch the RA. Itealth Director on 8/20/14 in was made that all of the ed as documented.	R224	R224 Resident # 6 now has private caregivers and is always supervised whenever she may have contact with other residents. In addition resident can no longer ambulate. Ther have been no further incidents since November of 2013. All incidents of suspected resident to resident abuse are reported to the supervising nurse. Health Services Director or Executive Director as soon the safety of the alleged victim has been assure proper documentation and notification protocols will then be followed. The incident will be reported to APS and the Division of Licensing & Protection within 48 hours per regulations. If necessary, additional interventions including but not limited to behavior care plans will be implemented to prevent further incidents. The Health Services Director will continue to monitor all residents at risk, implement further interventions as necessary and report to the Quality Assurance Committee	treess	24/14	
		sed Practical Nurse (LPN) confirmation is made that	į	on a quarterly basis.	/	~ 7' '	

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Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUİLDING: 1005 08/20/2014 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 456 WOODSTOCK ROAD WOODSTOCK TERRACE WOODSTOCK, VT 05091 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PRFFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) R224 Continued From page 13 R224 protocol is to notify the Nursing Supervisor/Health Director of such incidents, LPN also confirms that there is no documentation identifying if the Health Director was notified of any of the above incidents. VII. NUTRITION AND FOOD SERVICES R247 R247 R247 SS=E All opened and/or prepared foods 7.2 Food Safety and Sanitation are now properly sealed and dated. Reusable plastic lids have 7.2.b All perishable food and drink shall be been purchased for the ice creath labeled, dated and held at proper temperatures: containers to assure the quality? (1) At or below 40 degrees Fahrenheit. (2) At or and integrity of the product. Any above 140 degrees Fahrenheit when served or outdated food is disposed of as heated prior to service. soon as it is out of compliance. This REQUIREMENT is not met as evidenced The Food Services Director will conduct regular rounds to assure Based on observation and interview, the facility failed to assure that all perishable food is labeled compliance with this standard. and dated. The findings include the following: The Executive Director or his 1. Per observation on 8/18/14 at approximately designee will conduct random 10:40 AM, during a tour of the Dietary audits to monitor compliance and Department with the Dietary Service Worker, the will report the results of these dry storage area was found to have dried cereal, audits to the Quality Assurance dried apricots, uncooked brown rice, uncooked Committee. pasta and graham cracker crumbs in their original multiple serving packages, open, unsealed and not dated. On the bottom storage shelf was a 50 pound bag of white flour, also opened, unsealed and not dated. A large refrigerator in the department contained a pitcher of brown liquid with no label or date. A large plastic cone containing whipped cream open, partially used with no date.

Located to the right of the refrigerator is a walk in

Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ C B. WING 1005 08/20/2014 NAME DF PROVIDER DR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 456 WOODSTOCK ROAD WOODSTOCK TERRACE WOODSTOCK, VT 05091 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) (X4) ID ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG OEFICIENCY) R247 Continued From page 14 R247 refrigerator and freezer, the following items were found with labels but no dates: 8 gallon container of salad dressing partially used, a partially used chocolate cake in a covered baking pan and multiple small salads prepared for use. Walk-in freezer was noted to have four (4), three (3) gallon containers of ice cream partially used with the lids crushed and exposing the product. Exposure to freezer temperatures may cause crystallization and alter the flavor of the dessert. Per interview with the Dietary Service Worker, confirmation is made during the tour that all of the above was observed. 2. Per observation on 8/20/14 at approximately 8:30 AM, with the Health Director on the Memory Care Unit, the dining room refrigerator was noted to have three multi-serving containers of pureed fruit/yogurt stored with no dates or labels. The refrigerator was noted to have dried, old, dark, vellow liquid caked at the base of the storage bins. Confirmation at the time of the tour by the Health Director, was made that the refrigerator needed cleaning and the food should be labeled and dated. XI Physical Plant A 962 A 962 SS=D 11.2 At a minimum, resident units shall include the following: 11.2.k Each unit shall be equipped with an emergency response system that will alert the on-duty staff. This Statute is not met as evidenced by:

Based on observation, staff interview and medical

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIP	LE CONSTRUCTION	(X3) DATE SURVEY	
Division of Licensing and Protection STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/C (DENTIFICATION NUMBER		(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED	
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A 962 Continued From page	15	A 962			
record review, the facility emergency responses residents. For Reside the following: Per medical record review on 4/6/11 with diagnose Disease, Coronary Arte and Behavioral Symptot Per observation during 10:21 AM, the resident with bilateral 1/2 side ration on an alternating press protective mat on the rifloor to prevent injury in assessment and service by the Registered Nurse resident requires total or by two (2) person physical dependent on staff for a nourishments offered, is and bladder and requires toileting/incontinent care Care and requires behamonitoring/management identifies that Resident and staff to assist with coverall decline and end of the Resident #5 is noted to be call light (pull-cord), local the apartment off the beconcierge (who was considered assistance? The	ility failed to provide an system for 1 of 6 sampled nt #5, the findings include view, Resident #5 admitted es to include Alzheimer's ery Disease, Glaucoma oms of severe distress. a facility tour on 8/18/14 at is observed to be in bed alls in the up position, lying ure mattress and has a ght side of her bed on the case of a fall. Resident e plan dated 8/1/14 signed e (RN), identifies that eare by staff, is transferred cally assisted, is totally all meals and sunable to control bowel as staff assistance for e, is receiving Hospice vior t. Resident service plan #5 has difficulty speaking communication due to of life. Our at 10:21 AM, be unable to ambulate to ted in the bathroom, in droom. When the educting the tour), was dent notify staff if s/he response was that s/he in the room. The monitor his time and after as made at		R962 A monitoring device was place resident # 5's unit on August 2014 and is still in place. All are equipped with an emerger pull cord in accordance with regulations. In addition, there nurse call pendant system for residents that have been asses with the ability to use one. Residents residing on the memimpaired area have been asses for the ability to communicate need for assistance. Any resid assessed unable to communicate the need for assistance will have monitoring device placed in the unit and/or have a care plan for regular safety checks by the stawhen in their unit and their semplans will be updated. The Health Services Director of designee will assess any new resident moving onto the memo impaired area for the ability to communicate the need for assistance and create an appropriate of care to meet their needs screen existing residents for decin their ability to communicate the need for assistance and care plan accordingly.	18, units ney e-is a those sed nory sed their ent te /e a eir off vice r r r ry riate and line he	

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· .		der and that the resident is e the pull-cord to alert staff	if	The Health Services Didesignee will report to Assurance Committee of quarterly basis the staturesidents.	the Quality on a	
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